

Pos	Name	Age	FinishTime	PB
1	Josh Taylor	26	16:45	
2	Elias Vuorinen		16:48	
3	Eddie Narbett	17	16:54	by 1 sec
4	Eliot Ball	23	17:32	
5	James Atkinson	30	17:48	
6	James Donald	33	17:58	
7	Louis Gillow	18	18:06	
8	Chris Molloy		18:14	
9	Barry Awan	47	18:17	
10	Stephen Clifford	49	18:39	
11	Mark Mackintosh	52	18:47	
12	Malcolm Treby	43	19:12	
13	Tim Hill	39	19:20	
14	Hugh Vaughan-Jackson	25	19:38	
15	Robin Lewis	38	20:00	
16	Garath Strange	35	21:01	
17	Brett Raynes		21:55	66 secs
18	Helen Alvis	33	23:02	
19	Claire Forster	41	23:50	
20	Roy Hayward	50	24:03	
21	Andy Griffiths	65	24:16	
22	Stephen Milne	33	25:00	
23	Paul Carroll	59	25:41	
24	Sarah Strange	43	25:56	
25	Ray Brigden	70	31:47	

| most improved |